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ALBERTA'S ENERGY MESS
Deals, lawsuits and the 'Enron clause' explained

metroNEWS

Your essential daily news | TUESDAY, AUGUST 9, 2016 High 23°C/Low 13°C Scattered thunderstorms

Jen Kish gives a thumbs up during the medal ceremony in Rio de Janeiro, Brazil, on Monday.
THE CANADIAN PRESS

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Phil Wilson, Baconhound blogger, wants to put you in the spotlight. CONTRIBUTED

Hankering for home cookin'

Phil Wilson of the popular blog Baconhound wants to stir up interest in the fabulous food that comes out of regular folks' kitchens



Alex Boyd
Metro | Edmonton

Got a signature Edmonton recipe that sizzles? A dish passed down for generations? Or just something you make that's really, really good?

If so, local food writer and blogger Phil Wilson wants to know about it — and possibly eat it, too.

Wilson, also known by the name of his popular blog, Baconhound, just launched the Community Table Project, which will bring him into the kitchens of ordinary chefs in Edmonton.

"I wanted to share people's signature dishes that they make at home that are really good and all their friends love but don't really get out further than their own kitchen table," he said.

"I want to share that, and build a sense of community around food."

He plans to meet interested Edmonton residents, sample their favourite recipes and document the process online.

He points out that while Edmonton's food scene has taken off in recent years, most of the buzz has centred around hip new restaurants and rock-star chefs.

But, he argues, there are a lot of interesting things going on at home, too.

"Home cooking isn't the same as restaurant cooking — those are two different animals," he said.

"With home cooking there's more to

it than the quality of the dish. There's the story behind it, the company, the whole surrounding atmosphere of eating at someone's house."

Social media turned him onto to how many passionate home chefs are out there, he said, and with the economy flagging, he added now seemed like a good time to spotlight home cooking.

While he's passionate about good food, Wilson stresses that expert chef skills aren't required to join. He's more interested in why the food is meaningful to you.

"I don't want people to think that you have to be a local celebrity or you have to be the most amazing home cook. Maybe you only have the one dish that you cook that's good and everything else is awful. But that one dish is great, so let's hear it."

Wilson is also willing to try almost anything — he's already had an offer to try someone's prized recipe for prairie oysters — and despite the name of his blog, will cheerfully sample your vegetarian recipes.

"Part of what I'm looking for is not just the food, it's the experience around the making of the food," he said.

"It's a little bit different than what people are used to reading about food in Edmonton."

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Oil prices keep projects closed

OILPATCH

Company says oil needs to hit \$50 before it re-opens

The operator of one of Alberta's oldest thermal oilsands projects, shut down during the Fort McMurray wildfire in May, says it will remain closed until benchmark oil prices improve to above \$50 US per barrel.

Executive vice-president Satoshi Abe says the 17-year-old Hangingstone project operated by Japan Canada Oil Sands Ltd. since 1999 was shut down as a precaution when staff were evacuated due to the fire.

He says there was no damage to the northern Alberta facility but the company has decided not to restart it for

economic reasons.

The money-losing project was built with capacity of 10,000 barrels per day to test the use of steam to produce bitumen from wells but had been producing only about half of that in recent years.

Meanwhile, Abe says construction continues on the company's nearby \$1.8-billion Hangingstone expansion project which is expected to be

completed by year-end. It's expected to begin producing bitumen by the middle of 2017 and gradually ramp up to capacity of 20,000 barrels per day.

The Alberta Energy Regulator recently reported provincial oilsands production in May dropped by about 25 per cent, mainly because of the wildfire and the resulting evacuation of about 90,000 people from the region.

THE CANADIAN PRESS

20,000

The company's \$1.8-billion Hangingstone expansion project is expected to begin producing bitumen by the middle of 2017 and gradually ramp up to a capacity of 20,000 barrels per day.



A file photo of the wildfire that destroyed parts of Fort McMurray and is now affecting the surrounding oil industry.

THE CANADIAN PRESS FILE

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ADVERTISING CAMPAIGN

Lexus-only reserved parking at airport draws drivers' ire



Alex Boyd
Metro | Edmonton

Thirty prize parking spots at the Edmonton International Airport are now reserved for Lexus owners.

It's a marketing scheme for the luxury car company that's drawing ire from, well, all motorists who don't own the luxury brand's vehicles.

As of last week, the stalls are now marked with the company's logo and a sign that says "Lexus preferred parking."

They'll stay that way until the marketing contract expires next March, according to officials.

The strategy has drawn some heat online, with social media users calling it "biased," "anti-community," and "a poor way to show that money doesn't matter."

But airport spokesperson Heather Hamilton said the 30 spots are a tiny fraction of the 13,500 parking spaces available.

Besides which, she said, it's helping keep costs down.

"Every dollar Lexus has paid is a dollar that passengers and airlines now don't have to pay,"



An airport spokesperson said the "preferred parking" stalls are part of a larger Lexus advertising campaign. CONTRIBUTED

she said.

The airport's revenue last year was about \$210 million she said, of which \$58 million came from non-aviation sources, like parking, food sales and advertising.

Hamilton said the airport relies on their own sources of revenue to keep costs for both passengers and airlines low.

The Lexus stalls are located in the parkade, conveniently next to the elevators.

Hamilton said that accessible stalls have not been affected. She adds that any enforcement will be up to Lexus.

"I think there may have been some concern from people who think we randomly selected a product and said 'These people are special,'" Hamilton said.

"But what's special about them is they've negotiated an advertising contract, which anyone can do. Give us a call, we'll talk to you about it."

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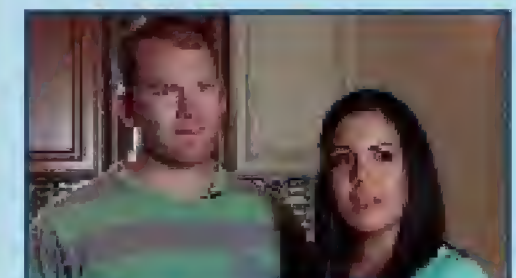
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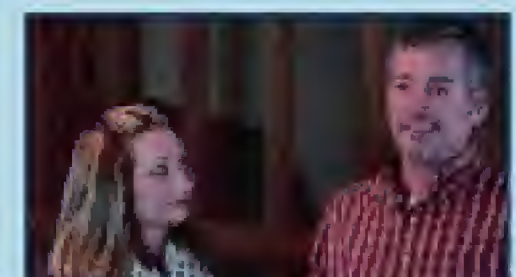
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JOHN COOKSEY

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Sculptures spark discussion

MENTAL HEALTH

Association says talking about suicide is important

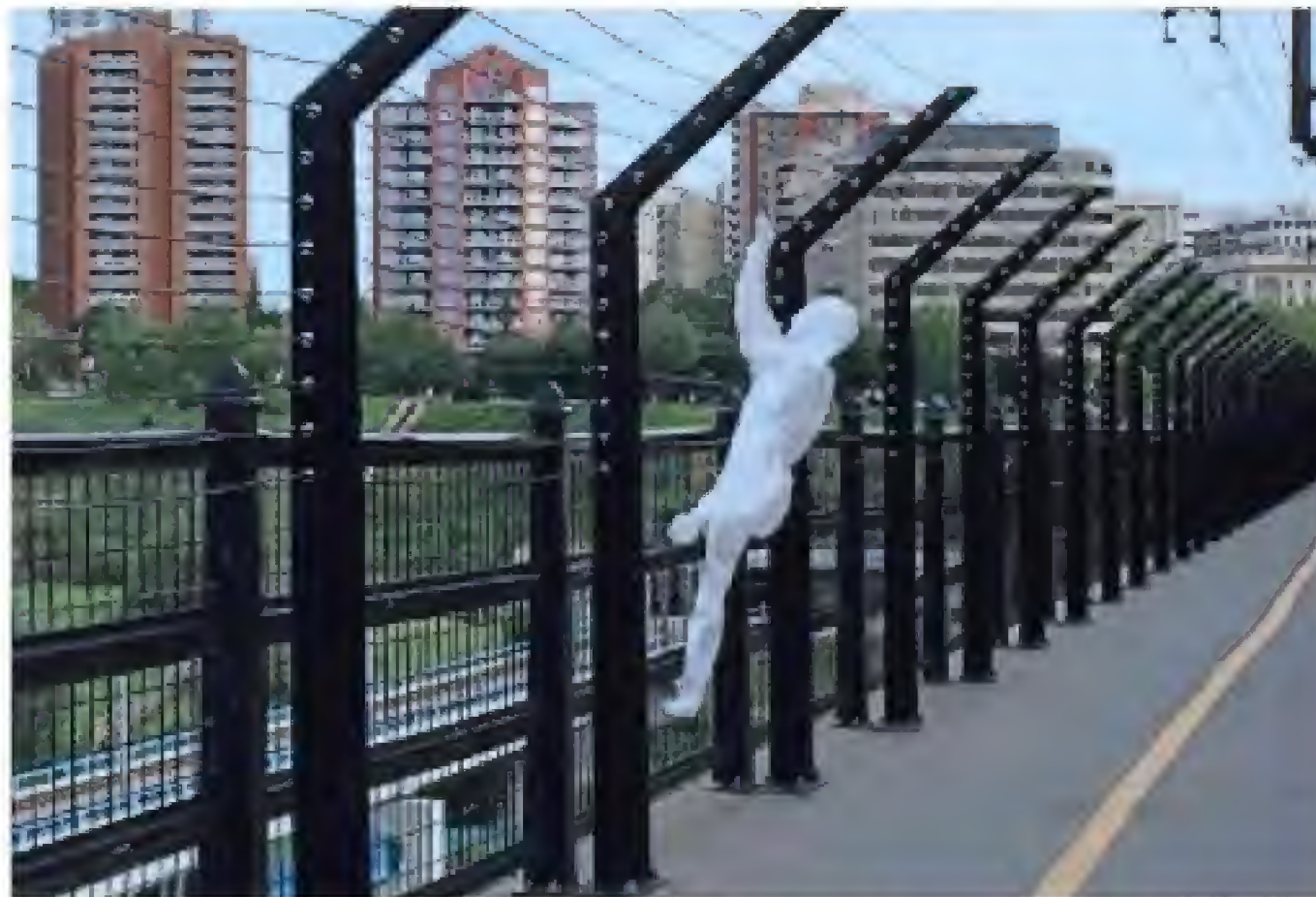


Kevin Maimann
Metro | Edmonton

The Canadian Mental Health Association (CMHA) is welcoming more discussion on suicide after someone positioned life-sized human sculptures made from clear tape on the wires of the High Level Bridge suicide barrier Sunday.

Police confirmed Monday that they were called to a report of an attempted suicide at the bridge the same day, though they would not give further details on the person's fate from the attempt.

As many as five figures were erected on the west side of the bridge and taken down the same day, after sparking much speculation around what they could mean, and whether they were intended



Life-size human-like creations were positioned on the High Level Bridge suicide barriers Sunday.
COURTESY CBC EDMONTON

as art.

"I think people are fearful that having too open a conversation around suicide is going to generate thoughts and triggers around suicide,"

said CMHA Alberta Division's executive director David Grauwiler.

"It would seem to me that the more we talk and the more open we are in our dis-

cussion about it, and identifying it as a pervasive issue in our society, the more likely people are to find the help they need."

Grauwiler suggests the



The more we talk ... the more likely people are going to find help.

David Grauwiler, CMHA

Centre for Suicide Prevention website and MyMentalHealth.ca as valuable resources for anyone struggling with suicidal thoughts or knows someone who is.

Alberta has one of the highest suicide rates in Canada, with an average of 500 people dying by suicide each year and a spike seen across the province in 2015.

The city erected the barriers on the High Level Bridge in July as a deterrent, after police responded to 41 suicide-related calls from the bridge in two years. The barriers have shrunk the space for cyclists and pedestrians, causing some to call for their removal or modification.

The city is scheduled to release a broader suicide prevention strategy on Sept. 8.

IN BRIEF

Province bolsters exports
Alberta is spending \$9 million to help small and medium-size businesses to bolster exports.

Funding will go to programs designed to help companies connect with international investors by bringing business delegations to the province.

The program launches this fall and will receive the money over three years.

THE CANADIAN PRESS

Investigators clear three Mounties of wrongdoing

Alberta government investigators have cleared three Mounties who shot a murder suspect last June.

RCMP received reports of a suspect killing a man and a woman with a knife at a work camp near Fox Creek. Thirteen shots were fired when the man refused to drop the knife and lunged at officers. Investigators said evidence does not suggest officers committed any offence.

Daniel Goodridge, 30, will stand trial on May 15, 2017, on charges of first-degree and second-degree murder. THE CANADIAN PRESS

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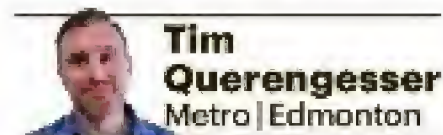
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Electrical mess may cost billions

METRO EXPLAINS

Understanding energy deals, lawsuits and the 'Enron clause'



Tim Querengesser
Metro | Edmonton

Few expected ever to hear of Enron again, and fewer still for it to be connected to an Alberta government lawsuit against private companies and even Alberta's own electricity regulator.

But, well, welcome to Alberta news in 2016.

While headlines scream about government lawsuits against government agencies and billions in potential losses, the average Albertan is struggling to comprehend what's happening.

Metro has sifted through it all to help you better understand.

The latest on the mess

Recently, Alberta's Balancing Pool, a quasi-government agency that manages power-purchase agreements (PPA), has accepted Calgary's Enmax Corp's notice of the termination of its deal.

The decision, it appears, hinges on the so-called "Enron clause," which we'll explore later.

Note here, however, the government claims it came to know about this clause only in March.

It's also a clause that the government says could put all other PPAs in jeopardy, and mean Alberta would be on the hook for up to \$2 billion in losses by 2020.

In July, the situation reached the surreal, when the NDP government filed a lawsuit against

PPA holders, its own balancing pool and the Alberta Utilities Commission — formerly the Alberta Energy and Utilities Board.

It all goes to a trial in November.

Rewind: A primer on deregulation

At its root, the mess you're reading about is about electricity and profits.

Alberta started de-regulating its electricity market in the mid 1990s. By about 2000, plants producing electricity could sell it to private companies, which had to sign PPA arrangements with the provincial government for the right to buy, then sell, electricity to consumers at a profit.

Back in the late '90s, Alberta entrusted independent agencies to help draft these PPAs, and they were put into force by the provincial regulator in May 2000.

In August 2000, five PPAs were auctioned off.

A lawsuit against itself?

Yes, Alberta is suing Albertan agencies.

Essentially, the NDP government argues in its court filings that former government officials didn't follow rules for creating PPAs. Specifically, it argues the exit clauses that Enmax is allegedly trying to use to terminate its deal were "unlawfully" created. On Monday, government officials provided Metro with dozens of documents supporting these assertions.

Those documents include what effectively became the PPA laws in May 2000, as passed by the former Alberta Energy and Utilities Board.

They also include emails between Enron, the American



Electricity and how we in Alberta buy it has been changing over the past few decades and now is at the centre of a government lawsuit. iStock

power company that came to be synonymous with massive fraud, and Alberta officials.

The "Enron clause"

The clause is just the following phrase — "... or more unprofitable."

As the dossier shows, the phrase does not appear in the termination clauses for PPAs Alberta auctioned off back in 2000.

Where it does appear, however, is in a last-minute amendment to the PPAs authorized by AEUB chair Neil McCrank.

That followed, it appears, lob-

bing by Enron employees.

Emails shared by the government Monday show Enron employees boasting about getting better terms on the exit clauses thanks to their strong "relationship" with Alberta officials at the time. And that's where things get rather complex.

The government's argument

Why would a company want an exit clause for a PPA?

To protect it from government changes that could make it unprofitable to honour a contract

to buy and sell power.

It seems Enmax is arguing the NDP's carbon levies will do just that. Enter the Enron clause — "or more unprofitable."

It essentially could mean that any government change that leads to any loss of profit gives a company an exit out of a PPA.

Deputy Premier Sarah Hoffman told Metro that there are many concerns with how this Enron clause came to exist.

She alleges it was not shared with the public or possibly even with other companies that bought PPAs.

Most importantly, she and the government question whether it holds legal weight. That's the thrust of the lawsuit.

Hoffman said the change to the PPA including the Enron clause was not gazetted — essentially published for the public to see — nor put through public consultation.

As a result, "It was unlawful," she said.

"The process that was undertaken, after the public hearings were completed, and the 11th-hour backroom lobbying with Enron, then writing it in and saying it was a regulation without going to cabinet... was highly suspect and that's why we don't think it was lawful."

"Who knew what, when, is one of the questions that hasn't been answered," Hoffman added.

"We don't even know if the companies knew about it. It's hard to say that the companies that were part of these PPAs in the first place knew about this."

What others are saying

But the Wildrose and many others have criticized the NDP for seemingly not understanding the PPAs or the effect new laws would have on them.

Calgary Mayor Naheed Nenshi, often a supporter of Premier Rachel Notley's government, even spoke out against the suit.

On Monday, Wildrose leader Brian Jean said in a press statement that the NDP "must stop misleading Albertans."

He argued the NDP is releasing documents as a "desperate" attempt to argue something inappropriate took place.

One thing is certain: You will be reading a lot more about this in the days ahead.

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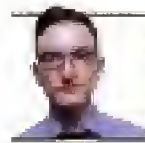
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ENTERTAINMENT COMPLEX

Developer wants help financing 'American Dream'



Kevin Maimann
Metro | Edmonton

As Edmonton's Ice District enters its final stretch of construction, one Edmonton-based developer is struggling to produce an entertainment complex south of the border.

And it's 11 years overdue. Edmonton's Triple Five Group took over New Jersey's American Dream Meadow-

lands entertainment complex in 2011 after nearly a decade of construction debacles under different developers, and has itself been criticized for long construction delays, with some questioning whether it will ever be built.

The complex in East Rutherford is supposed to include an NHL-sized hockey rink, a theme park, a shopping centre and an indoor ski slope.

Triple Five Group is now asking state agencies to sign off on changes to its financing plan, and the New Jersey Sports and Exposition Authority is expected to take over Tuesday as the seller of municipal bonds — a move that would require approval from New Jersey's local finance board.

The group, owned by the Ghermezian family, is behind West Edmonton Mall and the Mall of America.

Spokesperson Debbie Patire declined comment Monday but said more information would be available later this week.

The complex was proposed in 2002 and initially slated to open in 2005 before two different developers ran out of money.

Gov. Chris Christie once said the exterior of the unfinished complex might be the ugliest building in America.



Jeff Schidlowsky, left, and John Ross are the minds behind the Alberta Branded T-shirt company. CONTRIBUTED

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From joke to success

FASHION

Entrepreneurs turn T-shirt idea into viable business



Mathew Silver
For Metro | Calgary

Sometimes the best ideas come from the most unlikely places.

For Calgary entrepreneur John Ross, 22, the idea for his T-shirt company, Alberta Branded, came on the drive home from his cabin in British Columbia. And what started as a brainstorming session between friends quickly turned into a viable business.

"It started as a joke, and (the shirts) got over 100 pre-orders," said Ross.

After about a year and a half of modest success, Ross realized that he needed something to take the brand — which was called

Alberta Lifestyle at the time — to the next level.

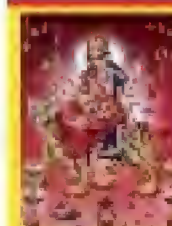
Enter Jeff Schidlowsky, a 23-year-old mechanical engineering student and former high school classmate of Ross' at Western Canada High School. The duo collaborated on a project in English 10 at Western, but didn't imagine they would become business partners in the future.

When Schidlowsky approached him with some updated designs, Ross says he was surprised but realized he had found his new artistic director.

Since then the company has built its identity around being a truly Albertan brand, incorporating the landscape, lifestyle, and spirit of the province into their design.

Ross says that their main goal is to give back to the community, and they did just that when fire blazed through Fort McMurray in May. Ross and Schidlowsky donated 100 per cent of their profits to the relief effort during the month.

ASTROLOGER & SPIRITUAL HEALER Pandit: SAI Ram ji



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TRAVEL

Ottawa man leaves for solo adventure in 30-foot cutter

Emma Jackson
Metro | Ottawa

What do you do when you're burnt out, tired of your job and ready for something new?

Drop everything and sail solo around the world, of course.

At least, that's what you do if you're Ottawa sailor Chris Fournier, who leaves from Montreal on Tuesday on a 300-day solo trip in his 30-foot cutter, Little Sark.

Having grown up sailing, Fournier had always dreamed of taking the perilous global journey some day.

"You get to a certain point in your life and ... a bolt of lightning hits you on the head and you remember the dream," Fournier said. "I'm free and I wanted to do it be-



Chris Fournier sits on his sailboat, Little Sark, as he prepares to sail non-stop around the world.
JUSTIN TANG/FOR METRO

fore I'm 50. Sometimes you just have to kind of make the decision."

He's not planning to touch land along the way, so he's on his own the entire time.

It's the ultimate survival

test: he'll have to problem-solve on the fly, and when the going gets tough he'll have to decide to ride it out or abandon ship.

"Survival is really down to my hands," he said.

Fournier has outfitted his boat with an extra mast for better balance, and has gathered hundreds of pounds of food and drinking water. His e-reader is fully loaded.

Fournier will follow the

“Sometimes you just have to kind of make the decision.”
Chris Fournier

traditional tall ship route, passing by the Cape of Good Hope near South Africa, Cape Leeuwin at the south-west corner of Australia, and Cape Horn near Chile.

Pirates and icebergs are still a risk, but Fournier said this longer route has less of them. He'll also have the wind at his back.

Still, it's a risky business. Three other Canadians have tried and failed to complete the journey. One of them, Gerry Roufs, was lost at sea during his attempt in 1997.

But Fournier's not thinking about that yet.

"You kind of focus on the here and now and worry about the fear later," he said.

Fournier's just excited to leave this hectic, smart-phone-centric world behind.

You can follow his journey at www.sailor.life.

SOCIAL MEDIA

Grégoire Trudeau on breast feeding

Prime Minister Justin Trudeau's Twitter account is drawing attention to World Breastfeeding Week with a photo of his wife and their son.

The tweet includes a photo of Sophie Grégoire Trudeau breast-feeding their youngest son, Hadrien, and the message: "This World Breastfeeding Week, let's support mothers to breastfeed anytime, anywhere. — SGT #WBW2016"

There's no mention of when the picture of was taken.

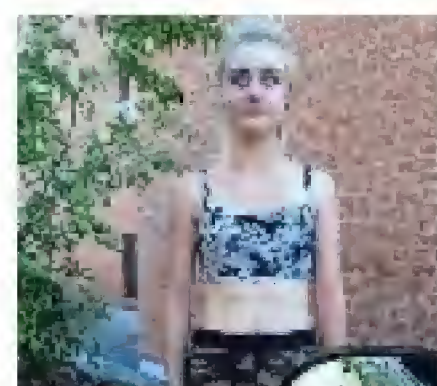
Breastfeeding is touted as "a key to sustainable development," in a joint release from UNICEF and the World Health Organization.

The release quotes from a series on breastfeeding from the respected medical journal The Lancet published last January, noting the series "argues that improving breastfeeding practices makes the world healthier, smarter, and more equal."

TORSTAR NEWS SERVICE



Sophie Grégoire Trudeau with son Hadrien. TWITTER



Monica Werthner
COURTESY 580 CFRA

OTTAWA

Woman kicked off bus over crop top

Ottawa's public transportation system is apologizing after a young woman was kicked off the bus for showing her midriff.

"We're not here to judge people on how they dress," said OC Transpo's general manager John Manconi. "We can all agree that as a city that's not what

we're about."

That wasn't Monica Werthner's experience after she was kicked off the bus on Sunday afternoon on her way to work.

She had just put her tickets in the machine when a female driver told her the crop top and jogging pants she was wearing

were "vulgar."

The driver made Werthner, 18, get off the bus.

Werthner didn't argue, and left the bus without first getting a transfer — leaving her stranded and late for work.

After the bus pulled away, Werthner said what happened

sunk in.

"I was really embarrassed and kind of frustrated," she said. "I didn't understand why I would have gotten kicked off for what I was wearing."

Neither does OC Transpo, which is investigating the incident. EMMA JACKSON/METRO OTTAWA

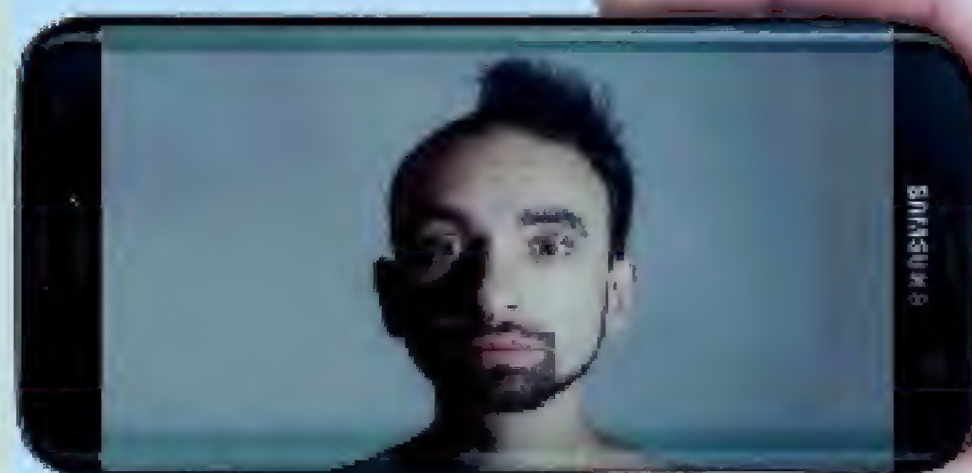
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Nova Scotia bans forest travel

PUBLIC SAFETY

Province issues measure to reduce risk of wildfires

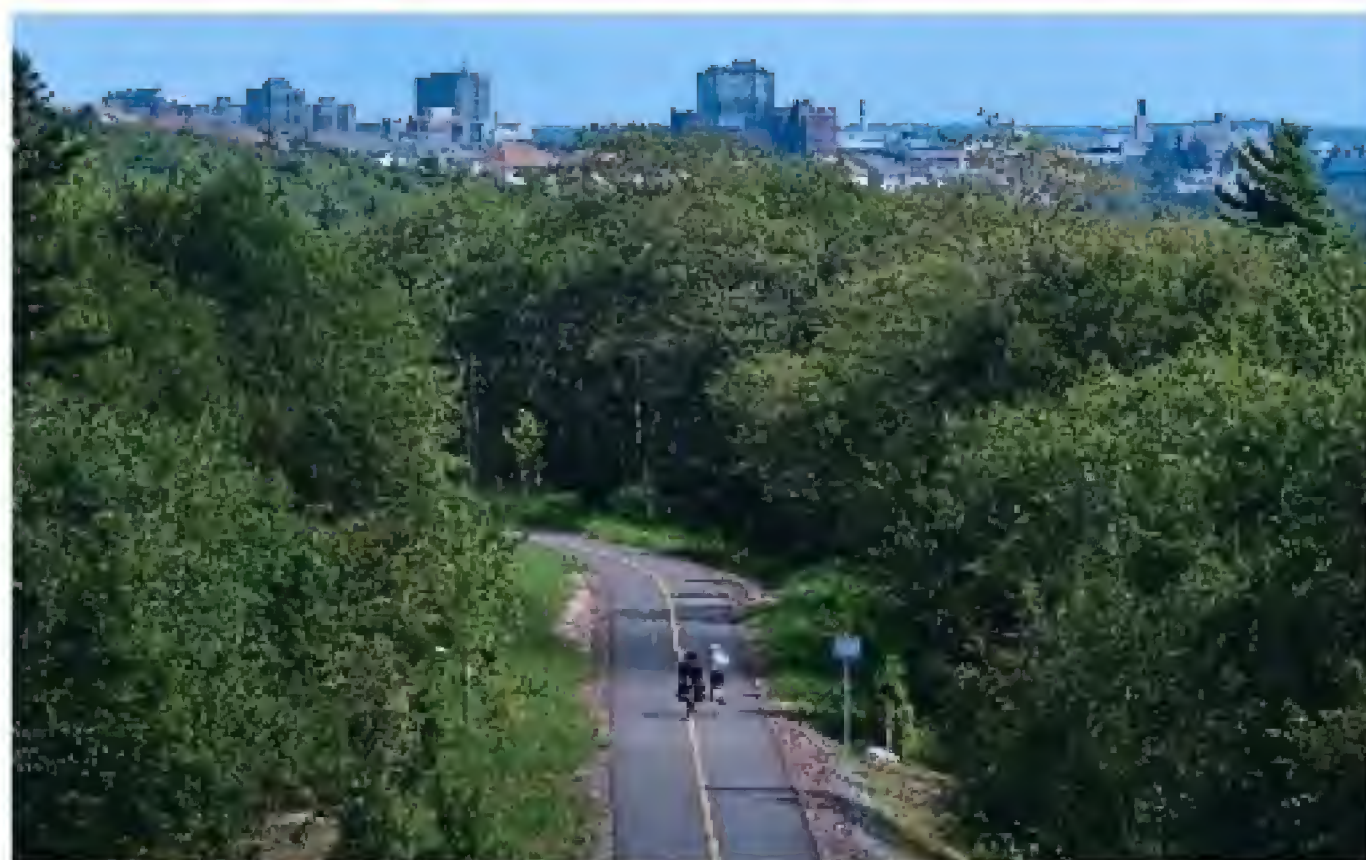
To cut the risk of wildfires, the provincial government is taking the extraordinary measure of putting in place travel restrictions to keep people out of Nova Scotia's forest for two weeks.

"This means that all travel and activity within the woods is restricted, including hiking, camping and the use of off-highway vehicles," Natural Resources Minister Lloyd Hines said in an Aug. 8 media briefing concerning tinder-dry conditions in the province.

The province says the idea is if there are fewer people in the forests, it reduces the chance of unintentional ignition of fires.

The ban — which does not apply to provincial and private campgrounds and beaches — is effective as of noon Tuesday, and will last for two weeks.

The travel restriction applies to the entire province, Hines said, because with limited fire-fighting resources officials can-



A pair of cyclists head into Halifax along the Chain of Lakes trail. The province has taken the drastic step of prohibiting all travel in wooded areas across Nova Scotia. JEFF HARPER/METRO

not risk wildfires starting up in other parts of the province.

This past weekend, three wildfires were being fought in western Nova Scotia: two in Annapolis Valley and one in Queens County. Wildfires in Maitland Bridge and Greenfield are now contained and mapped

at about 21 hectares and five hectares respectively, according to a provincial release.

The most serious of those fires is the Seven Mile Lake fire in Annapolis County, which was 90 hectares on the weekend, but has since increased to around 140 hectares due to winds.

"We've had great success with our citizens in the province who understand the situation. We are asking them for help and understanding and co-operation in this process," the minister said.

If you are the owner of a cottage or camp, you are permitted to access what is on your prop-

"We've had great success with citizens in the province who understand the situation."

Lloyd Hines

erty. But if you need to cross someone else's property to access your own, then you need permission from the landowner.

But if you want to visit tourist attractions such as Balancing Rock or Cape Split and you need to trek through the woods to get to them, then you're out of luck.

Hiking trails in woods are off limits.

The minister said he recognizes this is an inconvenience, but he said there are still lots of other attractions that people, both Nova Scotians and tourists, can visit.

It is very expensive to fight wildfires, it was noted during the media briefing. The minister said the cost to the province can range up to \$200,000 a day.

TINA COMEAU/CTC MEDIA

QUEBEC ZOO

Worker attacked by lion

A lion at Quebec's Granby Zoo attacked an employee Monday, fracturing her backbone, the head of the facility said.

The woman, in her early 20s, was in hospital in stable condition but zoo director Paul Gosselin called her injuries "severe." He said the zoo is still investigating the circumstances of the attack.

The employee had been performing the morning preparation routine at about 9 a.m. in the lion den, home to the zoo's three lions, when one of them attacked her, Gosselin told reporters.

A second employee sprayed the lion with water from a hose and managed to distance the animal from the injured woman.

"What we know is that she suffered a cervical fracture and a few lacerations," Gosselin said. "She is stable and was conscious throughout the whole intervention."

Quebec's workplace safety board was notified of the attack. Granby is 80 kilometres east of Montreal. THE CANADIAN PRESS

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SAN FRANCISCO

Pokémon Go player shot dead

A 20-year-old man was shot to death while playing Pokémon Go at a tourist attraction along San Francisco's waterfront, authorities and a family friend said.

Calvin Riley was shot Saturday night by an unknown assailant at Aquatic Park near Ghirardelli Square, the U.S. Park Police said Sunday.

A family friend told KGO-TV Riley and a friend were playing the hit mobile game when he was shot. "From what we know there was no confrontation. There was nothing said back and forth. It was just senseless, just came up and shot in the back and ran away for nothing," John Kirby said.

Sgt. Robert Jansing, a detective with the U.S. Park Police, said the gunman did not take any of Riley's belongings or try to rob him. THE ASSOCIATED PRESS

IN BRIEF

70 dead in Pakistan suicide attacks

Pakistani militants struck at the heart of the country's legal profession on Monday, killing a prominent attorney and bombing the hospital where dozens of other lawyers had gathered to mourn. The attacks killed at least 70 people, most of them lawyers, authorities said. A breakaway faction of the Pakistani Taliban claimed responsibility for the attacks in Quetta, capital of Baluchistan province. THE ASSOCIATED PRESS



Young women from Pennsylvania's Amish community ride a horse and carriage on July 23, through Lancaster County. On the outskirts of a town called Intercourse, an entire community of people has survived this election season with its eardrums' chastity never once penetrated by the sound of Donald Trump's voice. ALEX PANETTA/THE CANADIAN PRESS

Amish pulling for a Trump victory

U.S. ELECTION

Community has so far been spared video of campaign

On the outskirts of a town called Intercourse, an entire community has survived this election season with the chastity of its eardrums never penetrated by Donald Trump's voice.

Many Amish have never heard him speak. They've read newspaper articles about him, learned about him through word-of-mouth, but have never had the full sensory experience because their traditionalist faith forbids TV, radio and the web.

So the reactions are spontaneous and physical when a reporter visits and attempts to impersonate the candidate.

"That's a little too much bragging," says a young woman at a bookstore counter. "Usu-

ally when people think too much of themselves, that's when it all goes downhill."

Residents won't let their names be printed. Modesty is so central to the Amish way of life that people in this Pennsylvania community won't be photographed, won't linger before mirrors and avoid media.

But here's a shocker — most are pulling for Trump.

The Amish are conservative — so they support Republicans against a party they associate with abortion, homosexual

rights. Another factor frequently comes up in conversation: Hillary Clinton is a woman.

"No Amish is going to vote for Hillary," says a man in the library. "No one wants a woman president. ... What does Bill think about his wife running for president?"

The estimated 70,000 Amish in Pennsylvania could be a powerful voting bloc. But there's just one problem — the Amish don't vote. An estimated five per cent cast ballots in the last election. THE ASSOCIATED PRESS

TEXAS

Family of teen who made clock files suit

The family of a Muslim boy who was arrested after bringing a homemade clock to school filed a federal lawsuit Monday against Texas school officials and others, saying the incident violated the 14-year-old boy's civil rights, prompted death threats and forced them to leave the United States.

The lawsuit was filed on behalf of Ahmed Mohamed, who was arrested at his suburban Dallas high school in September and charged with having a hoax bomb. He says he brought the homemade digital clock to school to show his teacher.

Irving police later dropped the charge, but he was still suspended for three days. He never returned to the school; his family opted to have him take classes elsewhere.

The lawsuit names Irving Independent School District, the city of Irving and the school's principal, and asks a jury to determine the damages. In November, the family asked the district and city to pay \$15 million or else face a suit.

THE ASSOCIATED PRESS



Ahmed Mohamed and his clock THE ASSOCIATED PRESS

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Extremism fear varies by race: Poll

TERROR ATTACKS

Widespread anxiety exists among young Americans

The threat of violence by people inspired by foreign extremists invokes fear in a majority of young Americans across racial groups. But for young people of colour, particularly African-Americans, that fear is matched or surpassed by worries about violence from white extremists.

A new GenForward poll of Americans age 18-30 shows widespread anxiety among young people about attacks from both inside and outside the United States.

Sixty-two per cent of young African-Americans and 55 per

cent of Hispanics surveyed said they were very concerned about the threat of violence committed by white extremists, compared to one-third of whites and 41 per cent of Asian-Americans.

GenForward is a survey by the Black Youth Project at the University of Chicago with the Associated Press-NORC Center for Public Affairs Research.

Worry about attacks from people currently living in the U.S. who are motivated by foreign extremists spreads more evenly across racial groups, with at least half of whites, blacks, Asians and Hispanics describing themselves as very concerned about that threat.

Violence committed by people from outside the country also caused unease, especially among Hispanic young adults.

THE ASSOCIATED PRESS



IRAQ NEIGHBOURHOODS LEVELLED Iraqi police officers ride a motorbike in central Ramadi, Iraq, in March weeks after fierce battles between Daesh militants and Iraqi security forces for control of the city. Two years ago, after the fall of Mosul, a Daesh push deeper into Iraq's Kurdistan region triggered Iraq's Peshmerga forces to retreat and the U.S.-led coalition to drop the first airstrikes in the fight against the militant group. Since then coalition planes have dropped more than 9,400 bombs on Iraq. The munitions, often called in to closely support advancing forces on the ground, have dramatically changed the fight against Daesh, allowing Iraqi forces to slowly claw back cities, towns, supply lines and infrastructure. But the fight, which continues to be largely waged from the air, has also levelled entire neighbourhoods, displaced millions and redrawn the Iraqi map. THE ASSOCIATED PRESS FILE

IN BRIEF

Uganda's government to curb gay pride activities

Uganda's government said Monday it "will continue to suppress" the public activities of homosexuals and that a rehabilitation program had been developed to allow them to "lead normal lives again." Homosexuality is criminalized in Uganda, as in many African countries. THE ASSOCIATED PRESS

Man pleads guilty to faking age for high school

A 23-year-old Ukrainian man accused of faking his name and age while attending a Pennsylvania high school and having sex with an underage girl pleaded

guilty Monday. Artur Samarin, who called himself Asher Potts,

had been accepted into a college before authorities concluded he was a lot older and was a Ukrainian citizen who overstayed a student work visa. THE ASSOCIATED PRESS



Artur Samarin
THE ASSOCIATED PRESS

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Vail makes \$1.4 billion bid for Whistler Blackcomb

TAKEOVER

Deal will give ski resort access to cash to grow status

The friendly takeover of Whistler Blackcomb Holdings by an American mountain resort operator is all about long-term stability, says the head of the popular British Columbia ski destination.

Whistler Blackcomb's David Brownlie said Monday the deal with Colorado-based Vail Resorts, totalling nearly \$1.4 billion, will give the ski resort access to both the money and the markets it needs to grow its status as one of the world's leading, year-round ski havens.

"We think that working with Vail will accelerate our business plan and we're excited to move forward with it," Brownlie said in an interview.

Whistler Blackcomb pulled the curtains back earlier this year on an ambitious, \$345-million expansion project, dubbed the Renaissance plan, to build more weather-independent facilities, improve on-mountain infrastructure and expand real estate offerings.

Vail Resorts CEO Rob Katz said he is committed to expanding the all-season resort, which is located about 125 kilometres north of Vancouver.

The purchase had nothing to do with the low value of the



Officials at Whistler Blackcomb say that Vail Resorts' takeover will help the British Columbia ski destination grow its status as one of the world's leading, year-round ski havens. THE CANADIAN PRESS



Everything in the ski industry is about the long term.

Vail Resorts CEO Rob Katz

Canadian dollar, he added.

"Everything in the ski industry is about the long term and we know that very well," Katz said. "We think about things in the next 10 or 20 years, and currencies go up and down."

Vail's financial support and broad network of customers will go a long way to boosting

business at Whistler Blackcomb, he said.

"We have felt for a long time that Whistler Blackcomb is really the best positioned North American resort to benefit from the growth that we expect in outbound Chinese ski visitation, especially as China starts to ramp up towards the 2022 Beijing Win-

ter Olympics," said Katz.

"For our company to have a strong entree into that opportunity is meaningful."

Brownlie added that he hopes the transaction will help Whistler Blackcomb make inroads into the eastern seaboard of the U.S., as well as Latin America, especially Mexico.

The federal government recently lifted visa requirements for Mexicans visiting Canada.

Vail Resorts operates nine mountain resorts and two ski areas in the U.S. and Australia,

meaning the Whistler Blackcomb sale would be its first foray into Canada.

Whistler Blackcomb is the largest and most visited ski resort in North America.

When it opened in 1966, the Whistler resort featured a four-person gondola, a double chairlift and a day lodge. It has since grown to become one of the premier ski destinations in North America, serving as a host site for the Olympic Winter Games in 2010.

THE CANADIAN PRESS

IN BRIEF

TransCanada tells panel Energy East pipeline safe

TransCanada Corp. stressed its commitment to the safety of oil shipments as three days of hearings into the proposed \$15.7 billion Energy East pipeline project opened in New Brunswick on Monday. John Van der Put, vice-president of eastern oil pipeline projects for TransCanada Corp., told a three-member National Energy Board panel that the project is "the safest and most environmentally responsible way" to transport crude oil from Western to Eastern Canada. THE CANADIAN PRESS

Feds looking into financial side of soda pop tax

The federal government has weighed the pros and cons of a financial deterrent aimed at shrinking bulging waistlines: a tax on soda pop. Finance Minister Bill Morneau's office requested an analysis to explore the "issues and impacts in respect of a potential tax on soft drinks."

THE CANADIAN PRESS

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ROSEMARY WESTWOOD

Welcome to the 2016 Sexism and Objectification Games

Every two years, men around the world get a good look at the buttock creases of elite, highly-trained and supremely fit women who could clock them before they finish the sentence "Nice ass."

Call it the Ogling Games. In only the last few days:

■ The Toronto Sun celebrated a silver medal by proclaiming diver Penny Oleksiak "pretty" in a splashy front page (yes, I get it; yes, it's both lazy and sexist).

■ 24 Hours ran a "Sex with a side of gold" headline, featuring a nice wide shot of female swimmers' backsides and a sidebar noting volleyball and tennis are among the sexiest sports "not just for their sexy bodies and great personalities but also for the cute outfits they don," according to "relationship therapist" Kimberly Moffit.

■ The Globe and Mail put a full-page photo of Canadian divers Jennifer Abel and Pamela Ware on its sports cover, showing their great form and butt-revealing swimsuits.

■ The Chicago Tribune headlined a trap-shooting athlete's win this way: "Wife of a Bears' lineman wins a bronze medal today in Rio Olympics."

■ NBC commentator Dan Hick had to apologize after he called the husband and coach of Hungarian gold-medal swimmer and new world-record-holder Katinka Hosszu "the man responsible" for the swimmer she's become.

None of this media treat-

ment is new to women's sports. It's just at Olympic proportions. Each games are a turbocharged two weeks of wall-to-wall coverage of women athletes, and the sexism that goes hand-in-hand with public attention.

There's no reason, other than male viewers, women's swimsuits need to be cut higher than the CN Tower, revealing half a bum cheek.

There's no reason female beach volleyballers need to wear bra tops. The play is so obvious, some U.S. male gymnasts want to compete with their shirts off for attention.

All of which is gross.

So are the comments about female athletes' physical appearances (from 2012, Boris Johnson's gush over the "semi-naked women playing beach volleyball... glistening like wet otters."). So is painting women's success as a footnote to their husbands'.

Alas, each Olympics brings more of the same, suggesting critiques like this are as useless as stories about Olympics in turmoil (they always are. The show always goes on).

If anything, the Games underline to all aspiring female athletes just how sexualized they can expect to be. And since we're all so OK with that, I suppose they should learn it early. Bonne chance, women of the Olympics, and nice asses.

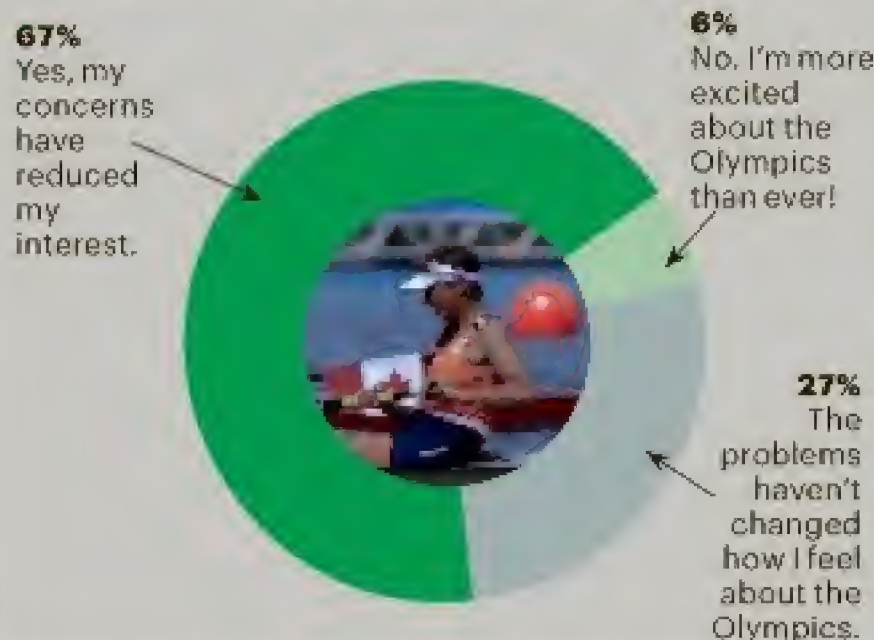
Listen to 'Nth Wave,' Rosie's podcast on women & media, at metronews.ca/podcasts

METRO POLL

Do you have Olympic-size worries?

Brazil is a mess. The congress is trying to oust the president. There's a potentially dangerous level of human sewage in the water where aquatic events are taking place. The Olympic Village is shoddy, and thanks to the worst recession in generations, public institutions have ground to a halt because the government can't afford to pay wages. And that's not to mention the Zika virus. We asked our readers if these issues have tarnished the Olympics' golden glow.

1 Have all the issues in Rio reduced your interest in the 2016 Summer Olympics?



WE ASKED Metro readers

How much taxpayer money is wasted on this commercial venture?

The Olympic committee doesn't give a damn about the issues for the athletes, as long as they have a city that will host.

The Olympics will be fine despite Brazil's problems.

It doesn't sound like a safe place for anyone right now, medically and politically. It's not a place to be hosting a global event at this time.

Latrine Bay scares the crap out of me!

Olympics should be held in the same place every four years. The cost to countries to host this event is horrendous.

I want to see everyone support the dreams of our children. Don't take their dreams away with negativity.

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HAVE YOUR SAY

I propose a few fixes for Folk Fest fatigue

URBAN PARADIS

Danielle Paradis



Folk Fest, that much-loved Edmonton festival, is over for another year, and I couldn't be happier.

I live in a sort of Folk Fest purgatory and suffer from what I call Folk Fest Fatigue yearly.

I live too far away for the free wristbands but quite close enough to deal with crowds, cars, garbage and chaos.

The problem isn't Folk Fest, per se, but a perfect storm of annoyances linked to it: People drinking excessively, car-centric design leading to everyone driving and parking, overconsumption (and willy-nilly disposal) of Tim Hortons products, and of alcohol, and plain old disrespect.

It isn't popular to disparage Folk Fest. Some of my best

friends are Folkies so I don't mean to besmirch them. I've enjoyed the festival myself.

Still, let's be frank: A few changes could make the weekend easier for all.

Fix one: Provide more garbage cans for Tim Hortons-loving Edmontonians.

The festival has put much work into being green. Still, every year, trash created by the crowds spills out of the grounds, and some of the litterbugs just toss their stuff in other peoples' space.

A lot can be done to assist active transportation. The foot and car traffic see Strathern become as vibrant as a Costco parking lot during the festival.

Folk Fest provides a place to lock bicycles, but the closure of the Cloverdale footbridge means pedestrians and cyclists now have to navigate a tiny strip of sidewalk up Connors Hill. Or back down the hill after a mix of beer and sun. Unsurprisingly, people chose

to avoid that and just drive.

Edmonton Transit offers a shuttle service from the Butte, but it doesn't seem a popular option, especially for festers who pack like they're camping.

But there is hope: The new Valley Line will run by the festival and offer a convenient option for Folkies.

Eventually,

The parking restrictions in Strathern during Folk Fest are puzzling. Major arteries like 95 Street remain a free-for-all while Strathern Drive is restricted, apparently, to allow for emergency vehicles through.

Dozens ignore parking rules and nearby apartment lots fill up with strange vehicles. By the end of the weekend I confess I actually enjoy passing the rows of ticketed cars.

Finally, Edmonton loves a good time, but does the beer garden at Folk Fest encourage excess?

Long lineups and pitcher service seem to incentivize people to get plastered. Folks who don't want to be corralled in the drinking area quickly polish off their booze before hitting the rest of the festival.

When they leave, this excessive drinking leads to excessive noise in the surrounding neighbourhoods. And believe me when I say I've lived with the unfortunate trail of urine and puke left behind every night.

Given the success of site-wide liquor sales at events like Interstellar Rodeo, there's no reason to section off the drinkers.

A combination of effort from Folkies, festival organizers and the city could go a long way in relieving nearby residents of Folk Fest Fatigue.

Danielle Paradis loves Edmonton, politics and flowcharts. She tweets @DaniParadis

metro

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Second Jen looks to make TV history

INTERVIEW

Asian stars hope their show will spark more diversity

Jen (Samantha Wan) is nervously sitting in a doctor's office waiting for a gynecological exam. In the next seat engrossed in a medical pamphlet on sexual health is her best friend Mo (Amanda Joy).

"Do you remember my first pelvic exam when my mom got me to see a gynecologist Dr. Chin?" asks Jen with alarm.

Actors Wan and Joy are in the back of a former daycare centre in the west end Toronto neighbourhood of Babypoint. The studio has been mocked up to resemble a doctor's office. They're putting together City TV's *Second Jen*, a sitcom that is revolutionary for starring not one, but two female Asian leads.

Since ABC's *Fresh Off The Boat* and Dr. Ken there has been a gold rush of Asian American sitcoms including CBC's *Kim's Convenience*

scheduled for the fall season, and YouTube Red's *Single by 30*.

But *Second Jen* stands out because it is confidently doubling down on the Asian leads, as if we had already arrived in a post-racial world. The fact that it is Toronto-based makes sense, since this city is touted as the most diverse in the world.

Back to the scene in the doctor's office: At the age of 21, Joy says, her mom followed her to the doctor.

"His first question was, 'Are you sexually active?' And she wouldn't leave the room!"

Second Jen is based on the experiences of Joy (who has Filipino ancestry) and Wan (who has Chinese ancestry) and their attempt to make it on their own outside their protective families. The gynecological exam scene was inspired by the fact that Asian parents rarely, if ever, talk about sex to their children. "Mainstream culture is all about go out there, have fun safe sex, and in Asian culture you just never talk about it at all," says Joy.

The title of the show also refers to the second generation, and the cultural and technological divide between millennials

and their parents.

"This isn't a show just about being Asian, it's about the generational shift that's happening out there," Wan says.

Remarkably, while Hollywood still battles over Oscars *So White*, television continues to push the boundaries, becoming much more reflective of the society we live in.

In some ways, it's surprising that Canadian networks have not taken the lead on diverse casting as some U.S. producers have done, introducing quality shows such as *Blackish* and *Master of None*.

Wan and Joy, tired of competing for the same roles in Toronto, decided they needed to create their own jobs.

What has changed for both actresses and they think also for mainstream audiences is the way that they look at the world through the lens of television. And they hope that they're not the only ones seeing it through that prism.

"One of my favourite shows growing up was *Friends*, and I

TV TRAILBLAZERS

All American Girl (1994)

Comic Margaret Cho's sitcom was groundbreaking for having an Asian lead. Cho played the rebellious daughter of a strict Korean-American family. The show only made it one season and Cho blamed network executives for trying to make her material more palatable to mainstream audiences.



Fresh Off The Boat (2015)

A show about an Asian family living in Orlando, Fla., based on the life of Vice host and chef Eddie Huang. Huang criticized the show before it aired saying, the series did not accurately reflect his life.



still love that show," Wan says. "But I look at it now and there's so little diversity."

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Fighting? Stop and think about the future

ADVICE

Ask yourself: Will this matter a year from now?

If you're at odds with your wife about family chores, or are having a spat with your boyfriend over who feeds the cat, stop and ask yourself, "Will this fight matter a year from now?" — and you might still be together then.

A new Canadian study, published in the journal *Social Psychological and Personality Science*, suggests the ticket to overcoming relationship conflicts is adopting a future-oriented perspective, instead of focusing on the present.

That means in the heat of the moment when tempers are flaring, people should take a step back and ask themselves how a conflict will affect them down the line, says lead author Alex Huynh, a doctoral candidate in the University of Waterloo's department of psychology.

"It allows them to be more forgiving of their partners and close friends, and in the end, that changes how they think about their relationship and their relationship well-being," he says. "They think the relationship will get better, and (think) of the conflict as a learning experience."

The researchers conducted two studies — one on undergraduate students in Chicago, and another on a broader age range of Americans found through a crowdsourcing website. All participants were asked



A new study suggests the ticket to overcoming relationship conflicts is adopting a future-oriented perspective instead of focusing on the present. ISTOCK

to reflect on a recent conflict with a romantic partner or a close friend, with one group tasked with describing how they felt about it in the moment, and a second group describing how they'd feel about the conflict in a year.

In both studies, those thinking about the future reported more positivity about their re-

lationships. They also showed more forgiveness and saw the fight in a more reasoned, positive light.

"People get caught up in their feelings, and use it as fuel and end up hurting their relationships," says Huynh. "But as humans... we can take a step back and think about our conflicts differently. By

this simple way of doing that, your relationship is going to be better."

The findings come as no surprise to psychologists and relationship counsellors, who've seen it all when it comes to sparring couples.

"Even basic stresses in life, when we take a moment to say, 'Will this matter a year

from now?' I find it makes my clients calm down," says Nicole McCance, a Toronto-based psychologist and relationship expert who has been working with couples for around a decade.

"It makes absolute sense," says registered professional counsellor Edel Walsh, founder of Love Done Well, a Vancou-



The best thing to do is walk away and take a break

Psychologist
Nicole McCance

ver-based love, life and relationship-counselling service.

We're all hard-wired with a primitive "fight or flight" response, she says, and it's nonsensical to try and solve a conflict in that state of mind. "What generally leads to an escalation in an argument with couples is that they both want to be heard at the same time — but you can't."

When we're arguing with someone, there are actually physiological changes in our body, says McCance.

"Our blood pressure increases and goes away from our brain, into our legs and arms," she says.

In other words, your brain isn't exactly firing on all cylinders when you're mad.

"The best thing to do is walk away and take a break," McCance adds. "It takes 20 minutes for your blood to go back to your brain."

And after hitting the pause button, you might as well take some time to think about the future, too.

TORSTAR NEWS SERVICE



JOHANNA SCHNELLER WHAT I'M WATCHING

An appeal to Spanish speakers

THE SHOW: Sing movie commercial (NBC)

THE MOMENT: The Spanish text

During a break from NBC's Olympics coverage on Saturday afternoon, a commercial appears for the upcoming animated movie *Sing*, which looks like *Zootopia* crossed with *American Idol*: As a koala named Buster (voiced by Matthew McConaughey) walks into his office, a stack of flyers for the singing competition he's hosting blow out the window. Other animals pick them up, and we see a montage of their auditions.

The dialogue and the songs are in English. But interestingly, any text that appears, such as "From the Creators

of *Despicable Me*," is written in Spanish. The movie opens on Dec. 21; as the ads end, the word "Navidad" fills the screen.

This is not the first time a major U.S. English-language network aired a commercial in or featuring Spanish. CBS ran a Spanish-language ad for Pepsi during the Grammy awards way back in February 1989.

Target premiered a four-spot Spanish-language campaign during the Latin Music Awards this past May.

But this is the first time I've seen a half-Spanish commercial dropped casually, without fanfare, into a major network's Saturday afternoon broadcast of women's volleyball and men's gymnastics.

NBC — which owns Universal, the studio behind *Sing*, and also owns the Spanish-language network Telemundo — has obviously decided to appeal more directly than ever to its increasing numbers of Spanish-speaking viewers.

And why not?

According to the Wall Street Journal, Spanish-speaking viewers watch more TV as it airs than English speakers. Which means they're presented with more commercials.

Expect to see more such Spanglish ads soon.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



A commercial for the animated movie *Sing* was voiced in English but featured advertising text in Spanish — a casual effort by NBC to appeal to its diverse viewership. CONTRIBUTED

Mormon mommies have the best blogs

TRENDS

DIY crafts and wholesome values hit a popular note

For the past decade, members of The Church of Jesus Christ of Latter-day Saints have taken the blogosphere by storm, documenting their daily lives and amassing huge followings of Mormons and non-Mormons in the process. Atheist followers say the attraction is the escapism of picture-perfect lives filled with wholesome values and DIY crafts, while scholars say various tenets of Mormonism — sharing the faith, the value of creativity and the importance of family — make the religion a perfect fit for the blogging medium.

Utah mom Meredith Ethington, 38, saw blogging as a way to exercise her writing skills while maintaining her commitment to motherhood.

"I think a lot of (Mormon) women seek out blogging because we have talents and passions of our own and it's a way to express those, but still be able to stay true to those core values and stay home with our kids," said Ethington, who said the LDS church encourages women to stay home and raise children if they're able to.

Ethington's blog, Perfection Pending, focuses more on parenting than it does on Mormonism — she estimates only one in 10 of her readers are Mormon — but she understands certain mysteries shrouding her religion could be drawing in readers.

"We don't drink, we don't smoke, we don't swear. Those sort of things make us stand out naturally," said Ethington.

Like other Mormon bloggers, Ethington doesn't bombard her readers with her faith, but tucks her religious disclosure into the "About Me" section. Others have "We Believe" sidebars with links to the LDS church.

Some are even more discrete. It took Torontonian Eva Voinigescu months to realize one of her favourite bloggers, Sydney Poulton of The Daybook, was Mormon.

"I'd always been curious because she looked very young and yet she was married and had a child," said the writer.

Voinigescu, 27, admits she initially judged Poulton after finding out she was Mormon. She herself is agnostic, skeptical of organized religion, career-focused and a feminist. She isn't married and doesn't know if she wants kids. She started questioning aspects of Poulton's life, including why she seemed



Stephanie Nielson, second left, author of the Nie Nie Dialogues, and her family. CONTRIBUTED

to make so many sacrifices for her husband's career.

But the blog's appeal endured.

"It's weird to see a parallel lifestyle that's so different from my own but has so many desirable aspects to it," said Voinigescu, who comes from a small family, spread out across the globe. "A lot of the values that come out in the blog are family, creativity, closeness. It definitely appeals to me, those values."

Sentiments like these are music to Mormon ears.

"Mormonism is a missionary religion. Members of the church are encouraged to share their faith with others," said Patrick Mason, a historian and the Howard W. Hunter chair of Mormon Studies at Claremont Graduate University in Southern California. "Blogs have become a really popular way for them to do that, often times in a really low key way."

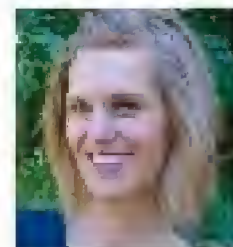
Bloggers may choose to emphasize Mormon values of family, child rearing, the domestic sphere and the sacred calling of motherhood, as opposed to an overt focus on faith because they don't want to be seen as "preachy," he said.

As for why the blogs are so plentiful, Mason points to the Latter-day Saints' storied history.

The church was founded in 1830, and throughout the remainder of the 1800s, the federal government persecuted members because of their illegal practice of polygamy and for other reasons including their political power, said Mason. By the turn of the 20th century, the church dropped objectionable aspects of their

Mormon belief is just to look for the positive in things

Blogger Jenny Evans



religion, including polygamy, and sought to become more mainstream — a sentiment still held by Mormons today, he said.

"Mormons want nothing more than to be liked and respected and mainstream," said Mason, giving the example of Mitt Romney, a Mormon and the 2012 Republican presidential nominee. "They want to be just like everyone else but they want to be better at it."

American Mormons — typically members of the middle class or upwardly-mobile middle class — value personal growth and humility and reject ostentatiousness, he said. These values have a wide appeal.

Mormons also have a strong tradition of journaling — believing that documenting their life is of great importance — and blogs could be seen as the 21st century outgrowth of this tradition, he said. The church also encourages members to spread their message using social media and the Mormon blogging community even has a name: Bloggernacle, a play on the word tabernacle, the Mormon temple.

Mason thinks Mormon mommy bloggers have struck a sweet spot: they're encouraged to stay at home and raise children, but now, they can do so while also sharing their values, exercising creativity and even bringing in income.

For Jenny Evans, a Massachu-

setts-based Mormon and stay-at-home mom, making money off her blog is a "happy side benefit."

She's proud of the family values she shares on her blog, the Unremarkable Files.

"I love my family and I love my kids and I love to share the humorous and silly side of that, while still being really positive about being a mom and being a wife," said Evans, 34, a mom to six children.

"Mormon belief is just to look for the positive in things."

Evans estimates one third of her blog's content focuses on Mormonism.

She likes that her meditations on faith open up a dialogue amongst readers, even if they don't always agree with her. One memorable comment she received: "Well I disagree with a lot of these points 100 per cent, but I appreciate you putting them forth with such clarity and helping me learn something new."

"I just really thought that was neat because that's kind of what it's all about," she said. "I don't feel like everyone has to agree with me or that I'm necessarily trying to teach everybody something."

But non-Mormon readers seem less interested in faith than they are in the glossy images of happy, perfect families — however illusory they may be.

"I know you can't take it too

+ MORMON BLOGGER ROUNDUP

Love Taza

Link: lovetaza.com

Who: Naomi Davis (nickname Taza), 30, husband Josh, and children Eleanor, 5, Samson, 4, and Conrad, 1

What: Davis, a former Juilliard dancer, and her growing family live in Manhattan. Her blog is filled with bright clothing, ice cream, trips to the park and family globe-trotting.

In her words: "I love celebrating motherhood, family, travel, good food, and life's simple joys."

Popularity: 400,000 Instagram followers

The Daybook

Link: thedaybookblog.com

Who: Sydney Poulton, 27, husband Tyson, and children Everett, 4, and Isla, nearly 2.

What: Poulton met her husband on their first day at school at Brigham Young University, a private university in Utah, owned by The Church of Jesus Christ of Latter-day Saints. She has a degree in graphic design

and blogs about her family, clothes, workouts and travels. Posts are usually accompanied by carefully curated family photos.

In her words: "I am compassionate, and cheerful, and sarcastic, and transparent, and my heart fills up and breaks almost every day watching my children interact with each other."

Popularity: 51,000 Instagram followers

Say Yes

Link: sayyes.com

Who: Liz Stanley, 36, husband Jared, and children Henry, 8, Edie, 2, and Dot, 6 weeks.

What: Stanley lives in San Francisco. Her blog is family- and design-focused, with a mix of posts about affordable fashion and healthy recipes.

In her words: "This lifestyle site is a collection of pretty, creative, and budget-friendly ideas to Say Yes to a more crafty, stylish, and family-focused life."

Popularity: 34,000 Instagram followers

literally. Of course her kids will drive her crazy," said Christine Realubit, a Toronto travel blogger in her early 30s and avid reader of the Love Taza blog.

"But . . . there are too many bad things in the world. A little positivity or a ray of sunshine in a blog is a nice break."

TORSTAR NEWS SERVICE

PUBLIC HEALTH

More uptake of flu shots at pharmacy

Residents of provinces that allow pharmacists to administer flu shots are more likely to get vaccinated against the seasonal bug, a study has found.

In a paper published Monday in the Canadian Medical Association Journal, researchers found that a slightly higher proportion of residents got their annual influenza shots in provinces where pharmacists are allowed to give them — 30 per cent compared to 28 per cent in provinces where they aren't.

While that's a relatively small difference, it means that at an individual level, people who live in a province where there is a pharmacist policy were five per cent more likely to get the flu shot, said principal researcher Dr. Jeff Kwong of Public Health Ontario.

"It might be making their lives easier to get flu shots (at the drugstore)," said Kwong, who's also a scientist at the Institute for Clinical Evaluative Sciences.

The 2007-2014 study examined data for more than 481,500 people aged 12 years and older from the Canadian Community Health Survey, which every two years collects information on health status and health-care use among a representative sample of the country's residents.

Authorizing pharmacists to provide seasonal flu shots could increase inoculation rates, which each year hover around 30 per cent of the population, a figure public health



People are more likely to get the flu shot if it's available at the pharmacy. CP FILE

officials would like to see raised much higher.

Kwong said although the difference in flu vaccine uptake between the two groups wasn't significant, that may change as more provinces allow pharmacists to give the inoculations.

For one thing, the majority of Canadians live near a drugstore, he said, and an unrelated pilot study suggested that 80 per cent of vaccine recipients prefer receiving their shot in the arm at pharmacy-based clinics.

"There might not be a huge increase yet ... but I think (it is) useful having pharmacists give flu shots because it increases capacity and it frees up doctors and nurses to do other things," Kwong said.

"A lot of people trust their pharmacists and so they're an important part of the health-care system, so they can help deliver public-health interventions as well."

THE CANADIAN PRESS

A wrinkle in the history for hairless sphynx breed

PETS

Polarizing cat originated far from Egyptian pyramids

One of the most peculiar and polarizing pets — the hairless sphynx cat — can be traced back to Canada's largest city.

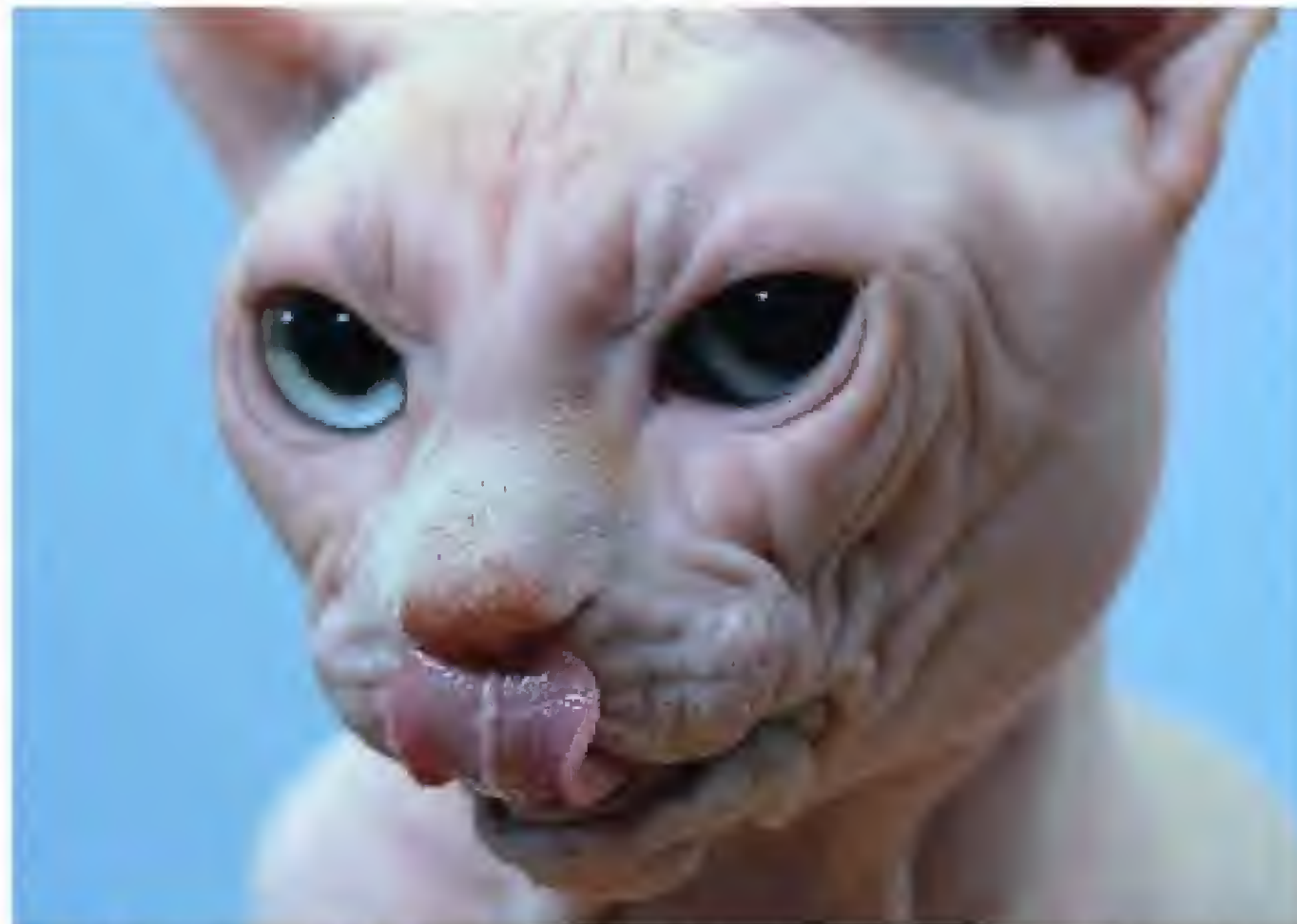
The wrinkled cat with large, bat-like ears provokes strong reactions. To some, the sphynx is a grotesque, alien-like creature that barely deserves to be called a cat. To others, it's an affectionate companion whose personality belies its looks.

As animal-lovers celebrated International Cat Day on Monday, some sphynx fans urged critics to give the often-misunderstood feline a second chance.

The controversial cat dates back to the 1960s, when breeders say a hairless cat named Prune was born in Toronto in a litter of otherwise normal, furry kittens.

Riyadh Bawa, a University of Toronto student at the time, has been credited by breeders as the first to identify the hairlessness as a result of a recessive gene. Bawa, in partnership with other breeders, bred Prune with his mother, producing several more hairless kittens.

A brief 1966 article by the Associated Press says Bawa hoped to "develop a hairless line" of cats for allergy sufferers.



The hairless sphynx cat dates back to the 1960s when breeders say a hairless cat named Prune was born in Toronto. On International Cat Day, sphynx fans urged critics to give the misunderstood breed another chance. HENDRIK SCHMIDT/AFP/GETTY IMAGES

While the lack of a full furry coat means sphynxes don't shed, they aren't a totally hypoallergenic breed, since people often react to a protein in cats' saliva rather than the hair itself. And although the cats don't need to be brushed, they have to be bathed every week or two to deal with the oil that builds up on their skin, experts and owners say.

The line of hairless cats des-

cended from Prune has since died out, but the cats Bawa bred represent the first attempts at establishing an official breed.

LouAnn Vennettilli, a breeder near Sarnia, Ont., who also handles sphynx-related matters for the Canadian Cat Association, says she often promotes the breed's Canadian roots at cat shows.

"Most people, when you say sphynx, they think of them as

coming from Egypt, or some far-off land. But in reality, the ones that we know and love today are of Canadian origin," she says.

Vennettilli has 10 sphynxes, some for breeding and some she keeps as pets. Such a big group of sphynxes is a handful — they're active and mischievous, and Vennettilli says she's known them to figure out how to remove twist-on lids to get at a jar of cat treats. THE CANADIAN PRESS

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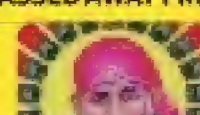
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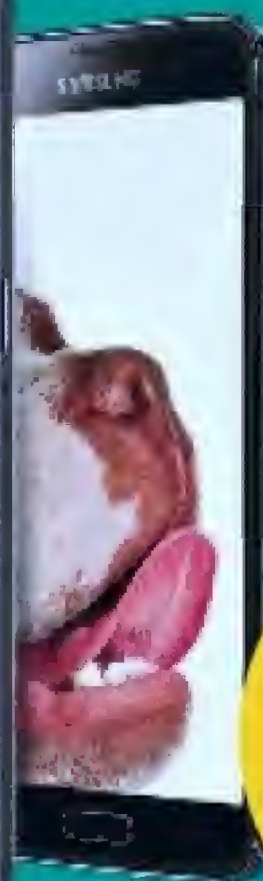
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metro RIO

Ibtihaj Muhammad made U.S. history by becoming the only American ever to compete in the Olympics wearing a hijab



Canada topped Great Britain 33-10 to win rugby sevens bronze on Monday at Deodoro Stadium in Rio. DAVID ROGERS/GETTY IMAGES

Flexing their bronze

RIO 2016

Canadians place third in pool and on rugby pitch

Canada's women's rugby sevens team won a historic medal, while Kylie Masse continued Canada's rise to relevance in the pool.

A pair of bronze performances on Day 3 of the Rio Olympics gave Canada its first multi-medal day of the Games and kept it on pace for its overall goal of 19 podium finishes. Canada has one silver and three bronze medals so far, with three of those coming from the women's swim team.

Masse, from La Salle, Ont., added to Canada's fortunes in the pool by finishing tied for third in the women's 100-metre backstroke. Canada, which hadn't had a women's Olympic swimming medal since the 1996 Atlanta Games, has sent a swimmer to the podium for three straight days.

Earlier, Ghislaine Landry had

two tries and four conversions to lead the sevens squad to a decisive 33-10 win over Britain in the bronze-medal match as women's rugby made its Olympic debut.

The nations' women athletes have been the story so far for Canada, accounting for all four medals.

Masse posted a Canadian record time of 58.76 seconds en route to her bronze. Her swim followed a bronze in the women's 4x100-metre freestyle relay on the opening day of the Games and Penny Oleksiak's silver in the women's 100 butterfly on Day 2.

"From the performances like the relay and Penny last night, everyone's done so well not just in the

pool, but also the other Canadian athletes, it's really inspiring to see everyone do well," Masse said. "It really gives each athlete hope for their own successes."

Hungary's Katinka Hosszu won gold in 58.45 seconds, Kathleen Baker of the United States took silver in 58.75 and Chinese swimmer Fu Yunhui tied with Masse to win a second bronze medal.

"I knew it was a tight race and I knew just from swimming prelims and semis, we're all so close and a lot of tough competitors," Masse said. "I knew it was going to come down to the touch and just trying to get my hand on the wall first."

The sevens rugby squad gave Canada its second team sport medal in as many

We get energy from each other.

Kylie Masse on the swim team's success so far

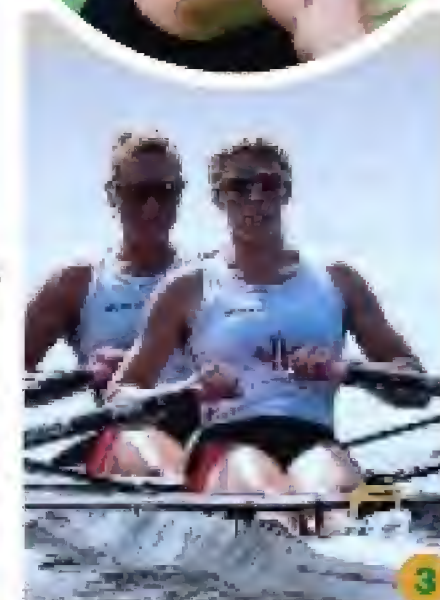


1 Hosts have a gold — Rafaela Silva captured Brazil's first gold medal of the Games by winning judo's 57-kilogram division.

2 Bouchard falls — Eugenie Bouchard of Westmount, Que., was eliminated from the women's singles tennis event with a 6-4, 6-2 second-round loss to German Angelique Kerber.

3 Hope on the water — Victoria's Lindsay Jennerich and Patricia Obee — Canada's best hope for a rowing medal — won their heat in the women's lightweight double sculls to advance to the semifinal round Wednesday. But the women's eight crew finished last in its three-boat heat.

THE CANADIAN PRESS



RIO notes from the Games

DeLaet has date with history

The first Olympic golf shot in 112 years will be hit by the lone Brazilian in the men's field.

The International Golf Federation tapped into what few Olympic roots it has by selecting Adilson da Silva to be the first to tee off Thursday. Also in the opening threesome: Graham DeLaet of Canada, a country IGF president Peter Dawson called the defending champ — George Lyon of Canada won the gold medal at the St. Louis Games in 1904.

Mayor pleads for carpooling

The mayor of Rio de Janeiro called for residents to carpool in the notoriously congested city Monday, the first workday during

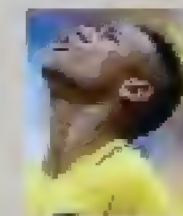
the Olympics competition schedule that featured medal action in gymnastics, swimming, fencing, women's rugby, judo and more.

Brazil soccer on cusp of another home meltdown

It has come to this for the Brazilian men's soccer team: The fans are so disappointed with the team that they heckled icon Neymar and chanted the name of the women team's star during a lacklustre, scoreless tie against Iraq over the weekend. Brazil is now facing elimination — a prospect that once seemed unthinkable in the soccer-obsessed host country — after 0-0 draws against South Africa and Iraq. THE ASSOCIATED PRESS



Graham DeLaet
GETTY IMAGES



Neymar
GETTY IMAGES

Gretzky statue bustin' a move to Rogers Place

TRIBUTE
Bronze figure receiving a wax and shine as part of 'facelift'

He stands nine feet two inches tall and hasn't aged a bit, but the statue of hockey great Wayne Gretzky could use a waxing and a bath.

The 430-kilogram bronze statue of No. 99 holding the Stanley Cup over his head has been on display at Rexall Place for the past 27 years, but with a move to a new arena in the near future he's taken a road trip down south to where he was created.

"Yes it's a facelift," laughed Don Begg, a bronzesmith with Studio West in Cochrane, west of Calgary, who worked on casting the statue back in 1989 after it was sculpted by John Weaver.

"Actually he still looks pretty good to me. We've examined him over and he's really in good shape but everything needs a little bit of tender loving care after 27 years."

During a recent visit to

Begg's Studio West workshop, the statue was hanging horizontally. It was partly covered — including the Stanley Cup — but The Great One's smiling face and Oiler logo were clearly visible.

The biggest challenge, said Begg, was removing him from his spot at Rexall Place. The old bolts now have to be removed, new ones put in and then he will be waxed, shined up and made to "look like he's brand new" for the new location.

Begg, who used to live in Edmonton, admits to having a "soft spot" for the Oilers and especially Gretzky. When a statue like this one is created they always break the mould — much like Gretzky the hockey player.

"We broke the mould but he's still there and that's the main thing," Begg said he's stopped by and checked on the statue a number of times over the years. He said there is absolutely no damage, though Mother Nature has added a few touches over the years.

"We don't have any control over the birds. We don't have any control over the weather and the dust and the dirt that blows around," he said.



Bronzesmith Don Begg examines the statue of Wayne Gretzky at his foundry in Cochrane on Friday. JEFF MCINTOSH/THE CANADIAN PRESS

"They do a small amount of maintenance and we're just going to shine him up to go into a new location."

There are pictures of the creation of the statue — including a number of Gretzky himself — on a bulletin board outside the workshop.

Begg said he's proud to have been part of the Gretzky statue, and that the fact it's in bronze makes it all the better.

"Whether we cast him or we sculpt him it really is an honour to be part of that — of something that's going to last for thousands of years,"

Begg said.

"There's nothing you can make that lasts as long as a bronze."

Begg said he doesn't expect the cleanup to take more than a week as opposed to the six months spent during the creation process. THE CANADIAN PRESS

BLUE JAYS
Pillar on DL with a bum thumb

The Toronto Blue Jays will be without their best defensive player for at least the next two weeks after Kevin Pillar was placed on the 15-day disabled list Monday.

The star outfielder sprained his left thumb on a slide into a second base on Saturday in Kansas City and sat out Sunday's finale against the Royals.

"It's just an unfortunate thing that happened just playing the game the way I've always played," said Pillar, sporting a protective blue covering over the injured thumb.

"It was a bad slide and (the team) made the decision they felt was best for our team going forward."



Kevin Pillar
 GETTY IMAGES

Jays manager John Gibbons described the injury as a torn ligament, one that needed to "calm down" before Pillar could return to play later this month.

A model of health despite his hard-charging style in the outfield, Pillar has played in 109 of 112 games this year after suiting up for 159 of 162 last season.

Acquired from San Diego in a trade last month, Melvin Upton Jr. will take over the centre-field duties in Pillar's absence.

THE CANADIAN PRESS

SOCCER

Man United ponies up to get Pogba back

Manchester United has made Paul Pogba the world's most expensive soccer player, signing the France midfielder for around 105 million euros four years after releasing him for virtually nothing.

United says Pogba signed a five-year deal with an option for another year.

Pogba was a promising 19-year-old when he left United after his contract expired, having only made seven appearances as a substitute. He joined



Paul Pogba GETTY IMAGES

Juventus and won four successive Serie A titles with Juventus. THE ASSOCIATED PRESS

IN BRIEF

Top dirt-track racer dies following weekend crash
 Bryan Clauson, a popular driver considered by many to be the top dirt-track racer in the country, died Sunday night from injuries suffered in a crash during a race in Kansas. His death was announced Monday.

Clauson, 27, was leading Saturday night's race at the Belleville Midget Nationals when he crashed while passing lapped traffic; his car rolled and was hit by another competitor.

THE ASSOCIATED PRESS

University of Arizona football player dies in sleep
 Zach Hemmilla, a senior offensive lineman for the University of Arizona, has died in his sleep, athletic director Greg Byrne said Monday.

Byrne and Arizona coach Rich Rodriguez told the team of Hemmilla's death after practice on Monday morning.

Hemmilla was found by a cousin. There was no immediate word on a cause of death.

THE ASSOCIATED PRESS

CFL

Gas leak interrupts Alouettes' practice

If things weren't going badly enough for the Montreal Alouettes, their latest setback saw the entire team rush off the practice field because of a gas leak.

Halfway through a workout Monday, a thick odour of natural gas wafted onto the field and the team was told to leave the area. Fire trucks were

on hand as a crew worked nearby on what appeared to be a gas main. The players loaded onto buses and headed to Olympic Stadium.

The Alouettes (2-4) are coming off a 38-18 loss at home to the B.C. Lions and preparing for a meeting Thursday night with the Eskimos in Edmonton. THE CANADIAN PRESS

“It felt like I was in the propane tank myself.”
 Receiver Duron Carter



Blue Jays starter R.A. Dickey couldn't make it out of the fifth inning Monday against the Rays, but the offence rallied for an important win. CHRIS SO/TORSTAR NEWS SERVICE

Travis warms up the big bats

MLB

Leadoff man's four hits set the tone in winning return home

Devon Travis had a career-high four hits as the Toronto Blue Jays busted out of their offensive slump to score a 7-5 win over the Tampa Bay Rays on Monday night.

Travis hit a go-ahead bases-loaded single in the seventh inning and Jose Bautista added a two-run double to push the Jays in front for good in the opener of a six-game homestand.

Toronto came alive offensively after an ultimately successful road trip (4-3 record) that nonetheless saw the club mostly neutralized offensively (17 runs scored). The seven runs scored Monday night at Rogers Centre were the most by the club this month and helped end a two-game slide.

The Jays entered the night a game back of Baltimore for first place in the American League East.

Perhaps the only Jay to hit consistently in recent weeks, Travis led off the bottom of the first with a triple to right, the ball scooting past right-fielder Mikie Mahtook. Travis, who added three singles, is batting .371 (33-89) over the last 22 games and entrenching himself in the leadoff spot for Toronto.

A Bautista sacrifice fly scored Travis and was followed by Edwin Encarnacion's 31st home run of the season off Rays starter Jake Odorizzi. It was the 299th career homer for Encarnacion, who matched the Orioles' Mark Trumbo for

the Major League lead.

Coming off one of his finer starts of the season (seven innings, one earned run), R.A. Dickey endured another rough start at home.

He worked himself into and then out of trouble early.

After Logan Forsythe reached on an infield single to start the game, Dickey walked Evan Longoria, struck out Brad Miller on a full count and then put Mahtook on with another walk to load the bases. Another strikeout, this time on Nick Franklin swinging, closed the nervous opening inning.

Dickey threw 34 pitches in the frame, only 18 for strikes.

He stumbled into trouble again in the fourth, this time unable to escape unharmed. The Rays scored twice, evening the score at 2-2, with Miller and Mahtook both hitting doubles.

The Jays retook the lead in the bottom of the inning, loading the bases for Encarnacion. He ripped a single to left that plated two runs for the 4-2 advantage. Encarnacion remains the MLB leader with 94 RBIs, though indicative of the Jays' offensive struggles this was his first multi-RBI game since July 20.

Tampa struck right back for a pair of runs as Dickey continued to struggle in the top half of the fifth. After yielding a Forsythe single and hitting Longoria in the back, Dickey surrendered a two-run double to Miller, the score back even at 4-4.

That was the end of the night for Dickey, who gave up four earned runs over only 4 1/3 innings.

After threatening in the sixth, the Jays exploded in the seventh with a three-run rally

MONDAY in Toronto



that ultimately won them the game. Michael Saunders, Troy Tulowitzki and a pinch-hitting Russell Martin all walked to load the bases before Travis cashed in with a single up the middle, scoring the go-ahead run. Bautista then ripped a double to the alley in left-centre, scoring a pair for the 7-4 lead. The Jays right-fielder finished with three RBIs.

Roberto Osuna surrendered a solo home run to Forsythe in the ninth, but still notched his 25th save of the season to seal the win.

THE CANADIAN PRESS

+ PILLAR TO DL

Outfielder's hurt thumb will take time to heal

The Toronto Blue Jays will be without their best defensive player for at least the next two weeks after Kevin Pillar was placed on the disabled list Monday.

The star outfielder sprained his left thumb on a slide into a second base on Saturday in Kansas City and sat out Sunday's finale against the Royals.

"It's just an unfortunate thing that happened just playing the game the way I've always played," said Pillar, sporting a protective blue covering over the injured thumb.

THE ASSOCIATED PRESS

MLB

Bochy spends night in Miami hospital

The San Francisco Giants manager Bruce Bochy was admitted to a Miami hospital after falling ill and subsequently missed Monday night's game against the Marlins.

The Giants did not specify what sent the 61-year-old Bochy to the hospital Monday morning. They said in a statement that he is "resting comfortably" and will be monitored overnight.

Bochy underwent a heart procedure during the off-sea-

son in February 2015 to insert two stents.

The Giants say they expect him to return Tuesday. Bochy led the team to World Series titles in 2010, 2012 and 2014. The Giants are currently locked in a tight NL West race with their bitter rival Los Angeles Dodgers.

Bench coach Ron Wotus will serve as manager in the opener of the three-game series in Miami.

THE ASSOCIATED PRESS

IN BRIEF

Jordan donates \$5M to African-American museum

Michael Jordan has pledged \$5 million to the Smithsonian's new African-American history museum in Washington.

Officials at the National Museum of African American History and Culture announced the gift Monday. Jordan said in a statement that his gift was made possible in part by athletes, including Jesse Owens, who broke racial barriers.

THE ASSOCIATED PRESS

Belisle leads inductees into U.S. Hockey hall

Longtime high school coach Bill Belisle, former Boston Bruins and St. Louis Blues forward Craig Janney and the 1996 World Cup of Hockey team are this year's inductees into the U.S. Hockey Hall of Fame.

The class was announced by USA Hockey Executive Director Dave Ogren during a segment on the NHL Network on Monday night.

THE ASSOCIATED PRESS

NFL

RG3 back in starting role with Cleveland



Robert Griffin III GETTY IMAGES

Despite spending an entire season on Washington's bench, Robert Griffin III never doubted he'd be a starter again.

His belief became reality Monday, when coach Hue Jackson said "it's time" to give Griffin the opportunity to lead the Cleveland Browns on the field.

"As long as you don't give up and you keep working, you'll get another opportunity," said Griffin, who beat out Josh McCown for the starting spot.

THE ASSOCIATED PRESS

RECIPE Chicken Milanese with Roasted Cherry Tomatoes

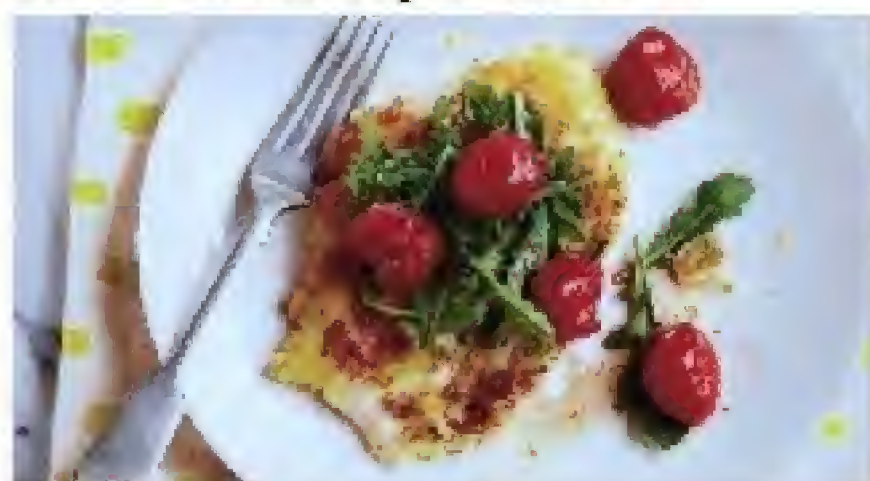


PHOTO: MARY WISNEY

Ceri Marsh & Laura Keogh
For Metro Canada

Ready in 30 minutes

Prep time: 15 minutes
Serves 4

This meal is the dinner equivalent to a vacation in the sun. In other words, it's pure bliss.

Ingredients

- 1 pint of cherry tomatoes
- 1 garlic clove, sliced
- 2 Tbsp olive oil
- 1 Tbsp of balsamic vinegar
- Salt and pepper
- 2 chicken breasts
- 1 cup panko
- 1/3 cup Parmesan cheese, finely grated
- 1 Tbsp lemon zest
- 2 eggs
- 1 or 2 Tbsp olive oil

Directions

1. Preheat oven to 400 F. Place

tomatoes, garlic, olive oil, vinegar, salt and pepper on a baking sheet. Toss together then bake 20 minutes. Set aside.

2. With a sharp knife, slice the chicken in half so you end up with four thin cutlets. Place each between two sheets of cling film and use a rolling pin to pound until cutlets are 1/4-inch thin.

3. Whisk eggs in a shallow bowl. Mix panko, Parmesan, lemon zest and salt and pepper on a plate. Dip cutlets into egg, then press on each side in the panko mixture and place on a clean plate.

4. Pour olive oil in skillet over medium heat. Place chicken in hot oil and cook on each side until they're golden brown and crispy, about 5 minutes a side. Serve with fresh arugula and roasted cherry tomatoes.

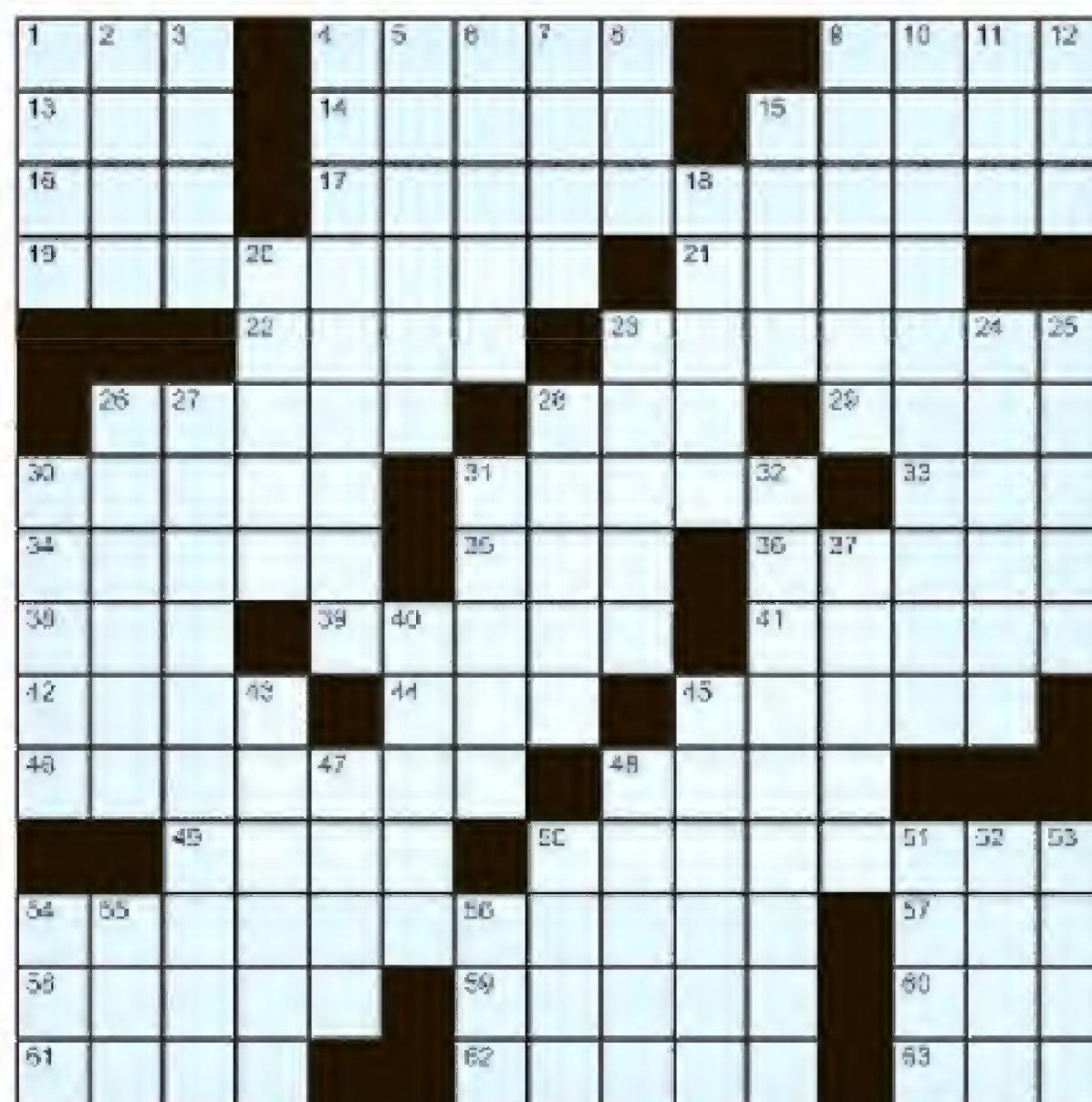
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. RIO 2016: 'Canada's Olympic Network'
4. Burt and Sela
9. Golden Globes org.
13. Shade
14. Skin-soothing plants
15. Aplomb
16. 'A' in ETA [abbr.]
17. RIO 2016: Quick reflexes sport: 2 wds.
19. RIO 2016: SLO is its IOC code
21. H.G. Wells people
22. Ms. Brockovich
23. Steeps
26. Police dept. ranks
28. Q. "How is Nashville's state abbreviated?" A. " _ _ _ believe."
29. Queen's 'Bohemian', e.g.
30. _ _ a customer
31. Swallow heartily
33. Env's stuff-y
34. Up to
35. Samovar
36. Employee's request
38. Certain cap
39. Make hair stand _ _
41. Singer, Tennessee _ Ford
42. Mr. Redding
44. poet mr. Cummings, et al.
45. Get a new tenant
46. RIO 2016: Olympic sport
48. _-majeste (High treason)
49. RIO 2016:



- Beach mound
50. Canadian restaurant, _ _ Mario's
54. RIO 2016: In the Men's Tournament, Canada faces The Netherlands in it today, August 9th: 2 wds.
57. RIO 2016: Basketball hoop part

58. Soil fertilizers
59. RIO 2016: Cycling spinner
60. 'Federal' suffix
61. Snake sounds
62. Scandinavian
63. Reserved

DOWN

1. Animals bassist Mr. Chandler
2. Mr. Ives
3. Mackerel sort
4. RIO 2016: Pool team sport: 2 wds.
5. Ms. Morissette
6. Songbird variety
7. Oscar Renta

- link: 2 wds.
8. Opposite NNW
9. Accolade
10. RIO 2016: Racer's target: 2 wds.
11. Pressure meas.
12. Bronze Roman money
15. Ill-gotten money
18. " _ _ two have

- been taken." (Donut dozen remainder)
20. 1892: Aria in Pagliacci: " _ la Giubba"
23. _ _ out
24. Has that power bar: 2 wds.
25. Shopping _
26. Intrinsic
27. RIO 2016: Goalkeepers, as per #54-Across
28. Goes sour
30. _ _ the blue
31. "The Caine Mutiny" (1954) role, Lt. Cmdr. Philip Francis _
32. RIO 2016: Swimming event, Men's 4 x 200m _ Relay
37. French city where Van Gogh painted
40. "Buffalo Stance" singer Ms. Cherry
43. RIO 2016: Rowing crafts
45. Goes to that movie again
47. Non-affiliated politicians [abbr.]
48. RIO 2016: 1992 'Dream Team' in Basketball... Magic Johnson, when an NBA player
50. Parrot
51. Lovely flower
52. Gossip
53. Ms. Rossum
54. AMs opposites
55. RIO 2016: ' _ _ in IOC
56. Have

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You are in such a resourceful frame of mind today, you will see new ways to do things at work. You might see new applications for an old system.

Taurus April 21 - May 21
This is a good day to explore different approaches with children. Likewise, if you are involved in a creative project, you will see possibilities you missed before.

Gemini May 22 - June 21
This is a good day for practical repairs at home, because you are in a resourceful frame of mind.

Cancer June 22 - July 23
Today you have penetrating insight into situations all around you. You see what motivates people and what really makes them tick.

Leo July 24 - Aug. 23
Have confidence in your ability to see new uses for your possessions. This is because you are ingenious today and ready to see new ways of doing things.

Virgo Aug. 24 - Sept. 23
You have the ability to persuade others today. Use this wisely, so people will continue to respect you in the future. Don't lead anyone astray.

Libra Sept. 24 - Oct. 23
This is a wonderful day for research, because you are quick to see the subtext of things. You also see the reasons why something occurred or came into being.

Scorpio Oct. 24 - Nov. 22
If you are in a class or any kind of group, you will convince the people around you to listen to you and to follow your ideas. Use this advantage wisely.

Sagittarius Nov. 23 - Dec. 21
Discussions with bosses, parents and VIPs (even the police) will be powerful and to the point today. Someone wants to get to the bottom of something. They want the truth.

Capricorn Dec. 22 - Jan. 20
Discussions about politics, religion and racial issues will be intense and probing today. You want to know the reason behind why people think the way they do.

Aquarius Jan. 21 - Feb. 19
If you are clever today, you will see ways to reduce your debt or shuffle things to your advantage. Take a fresh look at your situation and be inventive!

Pisces Feb. 20 - March 20
Someone might try to persuade you to do something today. They want to convince you of something. Listen carefully, but make up your own mind.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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